



LOVE IS MOVING: THE WALK THROUGH; Walk and Talk through Each Episode

Love is Moving, with our funky set and jamming guests, is ultimately about the Biblical understanding of Love. True love is to be OTHERS-FOCUSED and deeply caring, understood through the life of Jesus Christ. He's given us the perfect example and understanding of Love through his life, teaching, and sacrifice through death and resurrection. For "GOD IS LOVE" (1 John 4:16). Every episode of Love is Moving centres on a theme where we can explore how to put this amazing Love into action. So, taking away all of the cameras and lights, we want to give you, the viewer, the chance to dive deeper into these themes and to further understand how Love relates to YOUR LIFE.

We encourage you to begin each episode with prayer, watch the episode, and then reflect and answer with honesty and trust. May you be LED BY LOVE.



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EPISODE 1: Culture Creation

Episode 1, Culture Creation explores how different people, bands, videographers, writers, and actors use their creativity. 1 Corinthians 12:4-6 tells us that “now there are varieties of gifts, but the same Spirit; and there are varieties of service, but the same Lord; and there are varieties of activities, but it is the same God who empowers them all in everyone.” (ESV) It’s important to know that God has blessed everyone with a unique gift. It’s really God himself that gives us the ability for us to do, what we do so well. But, what’s more important is to always remember the purpose for which we’ve been blessed with such a gift: and that is to use it to point people back to Christ. We invite you to take some time to watch the episode, and then reflect on it by answering the questions below. As you answer the questions, think of ways you can use the talents and gifts you have. Think of ways in which the culture you create can be used in a way that will point people back to God.

1. What does the word culture mean to you?
2. In what way do you contribute to the creation culture?
3. Romans 12:2 gives us a picture of how God wishes us to look at culture creation. It encourages us by saying to “be not conformed to this world, but be transformed by the renewal of your mind . . .” This shows us that in culture creation, the end product we create should work to glorify something different than what we see in the world around us. What we create shouldn’t look like the rest of the world. It’s a bit of a change in mindset. It’s the idea that what we create with the talents and gifts given, should work to glorify God. What are some challenges you face when creating culture?
4. Put aside your phone or computer for a few minutes and think about the talents and gifts you possess. How might you use those abilities to glorify God? What are some ways you could put your talent, your gift into life reflecting God’s love? An example could be to write a song or paint a picture. Post your creation on www.facebook.com/loveismovingtv

Try This:

When you and your friends express love through serving in your community, have some fun taking some photos of what you are doing and make a collage or take some video clips and interviews of one another and upload them to Facebook and tell us about it on www.facebook.com/loveismovingtv



EPISODE 2: We Want Peace

What's up, beautiful people? If you are reading this for the first time, listen: the deal is simple. This episode is all about you putting other people first with a heart of peace. We live in a world where much global division and tension can be rooted in people wanting to put forth agendas above and beyond anyone else's. But what would happen if, for a moment, we considered each other above ourselves in an effort to keep peace?

There are dozens of war zones affecting innocent teenagers in our world, and interpersonal violence in our streets, schools and homes. Jesus called us to be peacemakers. Matthew 5:9 (TNIV) says, blessed are the peacemakers, for they will be called children of God. That tells us that becoming someone who stands for peace, and looks for opportunities to keep peace, makes us more like Jesus. In fact, working to foster peace stands as a marker or clue that you are God's child.

1. In this episode Emmanuel Jal shares his story. What part of his story stood out to you? Why?
2. How did God show love to Emmanuel through his story?
3. Emmanuel shares how his faith is his hope for tomorrow. How have you experienced God's love?
4. John 3:16 says: "For God so loved the world, that He gave his only begotten son, that whosoever believes in Him, shall not perish, but have eternal life. In this scripture verse we see painted the perfect example of how the ability to sacrifice can bring joy to another's life. God sacrificed the life of His own son, so that we could have access to everlasting life. There may be something we may be called to sacrifice, and our decision to put ourselves second, even if for a moment, could be used to bring the joy and peace another person has been waiting for. What are some ways you can sacrifice to show love to someone else?"
5. Colossians 3:12-17 let us know how we can be peacemakers in our day-to-day life. Here are tools some of the verses share:
 - (verse 12) ... "clothe yourselves with compassion, kindness . . ." (NIV)
 - (verse 13) . . . "forgive one another..." (NIV)
 - (verse 14) . . . "put on love..." (NIV)
 - (verse 15) . . . "Let the peace of Christ rule in your hearts . . ." (NIV)



In the verses above, we see the main tools for us to use in being peacemakers: to have grace and compassion for your friend, or that sister or baby brother that may annoy you, to practice forgiving one another no matter what, to love each other, and let peace be something you strive to practice in your heart.

Take a moment to think. In what way in your day-to-day life, based on the tools given in Colossians 3:12-17, do you think you could practice peace? Write them down.

Try This:

Emmanuel Jal challenges us to lose to win, to give up something to help others. Would you and your friends join Emmanuel to lose to win? If so, check out www.losetowin.net and find a way to put love into action.



EPISODE 3: Fringe

Toronto Maple Leafs Goaltender, James Reimer, shares how he expresses love to those who are often forgotten. Those on the fringe of our society are often forgotten. People do not want to acknowledge those in need of help, because it would mean we would need to put love into action and go out of our comfort zone to help another. What most do not understand is that through truly helping another you are experiencing love.

We visited a retirement home with the student council group from St. Ursula Catholic School. We witnessed how much the elderly appreciate the effort and love shown towards them. It's sad to think that there are people and groups who feel forgotten in our society and need to be shown love.

READ: 1 Timothy 5:1-2 ESV; “Do not rebuke an older man but encourage him as you would a father, younger men as brothers, older women as mothers, younger women as sisters, in all purity.

1. What stood out to you about James Reimer's interview?
2. It seems there are people on the other side of the world as well as down the street who are forgotten. Why do you think these people forgotten?
3. Who in your community could be on the fringe or forgotten?

READ: Leviticus 19:32 - “Rise in the presence of the aged, show respect for the elderly and revere your God. I am the Lord.”

4. This episode features a group of young people serving those who are elderly in their community. Are you able to think of some older people in your community?
5. How can you love those in your community who may be on the fringe?

Try This:

As seen in this episode, find a local seniors home where you and your friends can live out love through listening and helping those much older than us, even if they are not on social media. Through this, challenge yourself to get to know the people you are talking with. It is in building relationships that God's love will transform you.



EPISODE 4: Gotta Have It

Let's face it. We live in a society driven by the idea that we have to buy the latest thing. Whether it is the latest phone, car or clothing, there is a desire in many to always chase after the latest thing. Nothing is wrong with wanting to update your wardrobe or treat yourself to perhaps that new phone you've been asking Mom and Dad for Christmas for 2 years, but never got it. But check this out. Luke 12:15 encourages us by saying, "Take care, and be on your guard against all covetousness, for one's life does not consist in the abundance of his possessions." Needing to always have the latest thing becomes a problem if you begin to make possessions define who you are. There are everyday reminders of that 'Gotta Have It' syndrome: needing to have the latest purse, shoes or baseball cap, the list goes on. But, is there any room in our hearts and pockets for others? In a society that seems to teach us to worry only about ourselves, do we practice to remember others?

1. Write down a few words you would use to describe the word materialism?
2. What ideas do your favorite TV shows, movies or songs associate with materialism and the idea of needing to have the latest thing?
3. Matthew 6:33 (ESV) encourages us by saying, "seek first the kingdom of God and his righteousness, and all these things will be added to you." It can be tough trying to stay content while living in a society pushing the "gotta have it" mentality. But scripture encourages us to chase after God's will and purpose for our lives, and let that shape us, instead of the latest clothing or CD. Make a list and think of ways in which during this week, you can practice to chase after God, by putting Him first.
4. Hebrews 13:5 ESV encourages us by saying, "keep your life free from love of money, and be content with what you have, for He has said, I will never leave you nor forsake you." Sometimes in life, it's hard to be content with what we have, and not compare ourselves to what someone else has. But, let's look to Hebrews 13:5, which helps us by teaching us to be content with what we have, knowing that we are not lacking anything in reality, for if we have a relationship with God, we possess the greatest gift of all. Take a moment to think of ways in which having a relationship with God, outweighs the latest "gotta have it." Write them down.

Try This: Karen Jewels creates clothing to help others. Think of ways you can show love to another through giving away something that would help another.



EPISODE 5: On Every Corner

Sometimes when you think you have it all, it leads you to having nothing. Khetag Pliev, an Olympic wrestler, shares how after missing a trip to the Beijing 2008 Olympics he became depressed and ended up on the streets. He worked odd jobs when he needed food and trained inconsistently for wrestling at the same time. On tough days he would turn to substances to ease his pain. We hear his story and how he got out of what seemed like a dead end situation.

We also visited the Chatham Salvation Army youth group and followed them on their Love scavenger hunt around their town to learn more about homelessness. They came to realize the necessities we need to survive: water, food, clothing and education.

Homelessness is an issue not only in third world countries or distant major cities, but is happening in our own towns and cities. People, especially youth, sometimes feel the need to escape from a tough home life, or simply try to face the world by themselves. As you enter into discussion around the questions, be thinking about how you can help the homeless in your area.

READ: Proverbs 19:11 NIV; Whoever is kind to the poor lends to the Lord, and he will reward them for what they have done.

1. What stood out of you about this episode?
2. Through this episode, what have you learned about the issue of homelessness?
3. Jesus teaches us in Matthew 25 that when we give to someone else in need it is as if we are giving to Jesus Himself! Read Matthew 25 and be inspired to express love through helping others who are in need. Does anyone come to mind who you may be able to help?
4. The Salvation Army is a global organization which puts love into action each day. How does the Salvation Army serve in your community?
5. Imagine the events that might take place for you to be unloved, leading you to homelessness.

Try This:

Now that you're eyes have been opened a little bit more to the issue of homelessness, what's the solution? How about doing a few small things to get started, like donating clothes (ones you've grown out of etc.) to a charity shop, volunteering at a soup kitchen or handing out sandwiches



downtown. Connect with your local Salvation Army to join in helping those who may be suffering around you. The Salvation Army are on the front lines helping those in many communities through local Thrift Stores, Homeless Shelters, Food Banks, Churches, and Summer Camps. You can find a local Salvation Army ministry on this site;
<http://www.salvationarmy.ca/locator/>



EPISODE 6: Under Pressure

Mental health is a growing problem in today's culture. With more freedom and gadgets comes more responsibility, but in today's society we see more hurt and anger on our computer and phone screens than we could have imagined. Many people suffer from mental health problems because underneath it all, they feel that they were not accepted; they feel rejected, unloved.

In this episode of Love is Moving we talked to Nevahurd and Pauleanna Reid about mental health, the struggles associated and how God's love is the answer. Nevahurd talked about his inspiration for his music and shared a story of how he lost a friend to suicide a few years back on New Year's Eve. We also interviewed Pauleanna Reid, an entrepreneur and motivational speaker. She opened up about her struggle with depression, how she came out of it and how she now strives to help, inspire and bring awareness to young people about mental health.

It's heart breaking to know that so many people struggle with mental illness, but with awareness it's amazing to think that through expressing love, encouraging and truly caring for another is both healthy for them as it is for yourself. In answering the questions, be thinking how the this theme relates to you.

READ: Psalm 34:18, 19 – The LORD is close to the broken hearted and saves those who are crushed in spirit. (19) A righteous man may have many troubles, but the Lord delivers him from them all.

1. Write down a few things you think make you feel like you're living under pressure.
2. Do you find it easier to turn to God or take things into your own hands, when faced with a tough situation?
3. Describe a time when you felt that you were living under pressure. What did you do?

Matthew 6:25, 33 - "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes?...But seek first his kingdom and his righteousness, and all these things will be given to you as well."

4. What are some unhealthy outcomes that can result from taking situations into our own hands, instead of turning to God in pressure-filled situations?



5. How would you help a friend who was going through a pressure filled situation?

Try This:

Go on the internet and talk to those around you to make a list of community services which help those who are feeling down about themselves and their situation. This list will enable you to be a support to yourself and your friends who may need a helping hand. It is important to have communities of support whether they are parents, family, youth leaders, teachers, professional help, and it is very important to know who and how to access such help in your community.

So as you go on with the rest of your day, remember God loves and accepts you just the way you are. With that in mind, show love to someone who you see may need a helping hand. Often we feel we should not associate with those who are different. Remember, God loves them just as He loves you and has called you to love them as He has loves you. We realize that's a lot to ask, but they need love too. Think of some people you may know of whom often are made fun of and find a way you can be loving towards them. Everyone needs to be loved.



SHARE YOUR STORY...

Now that you have gone through these 6 episodes, do you have a story to share? Something you've learned about love. A friend or neighbor whose shown love to you. A way you and your friends are expressing love in your community? Upload your stories, pictures and videos to www.facebook.com/loveismovingtv or tweet us @loveismoving.

For additional information please contact us at info@loveismoving.tv and remember, Love is Moving!



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